



Banks, Shops and Transport

Transport-

Rail: Legrave, the nearest station is approximately 1.5 miles from the hospital. Legrave is served by First Capital Connect (formerly Thameslink) and offers regular trains to Bedford, London St Pancras, South London and Brighton.

Luton station is approximately four miles from the hospital. Luton station is on the same route and is additionally served by East Midlands trains from London St Pancras to Derby, Nottingham and Leeds.

Luton Airport Parkway station operates a shuttle bus to London Luton Airport.

Buses: regular buses both to Luton and Dunstable are available. The stops are directly outside the Hospital on Lewsey Road and Dunstable Road.

Shops and Supermarkets

Supermarkets:

Tesco store is open 24 hours from Monday to Friday

8.00 to 22.00 - Saturday

10.00 to 16.00 - Sunday.

It is situated a couple of minutes drive or five minutes walk from the Hospital. Further into Dunstable there is a Sainsburys and a McDonald's Drive-In.

Shopping centres are located in Luton and Dunstable and nearby such as Milton Keynes, Hemel Hempstead, St. Albans, Watford and London. Many of these centres have local and interesting markets.

Banks:

There are branches of Barclays, Lloyds, HSBC and NatWest in Luton, Legrave and Dunstable.

Cash Points (ATMs) are located opposite the hospital at the junction of Dunstable Road and Stanton Road and also inside Tesco's supermarket.

There is a Cash Machine located in the Main Reception area of the Hospital, but there is a charge for using this machine.

A Sub-Post Office is located at the junction of Dunstable Road and Hayhurst Road (about 3 minutes walk - turn right at the traffic lights at the junction of Lewsey Road and Dunstable Road).